



**STAUB LEADERSHIP  
INTERNATIONAL**  
A DIVISION OF EQIQ, INC

## **Helping Individuals Lead Successfully (HILS)**

In today's fast paced world, leaders must be able to get more done with less resources. In order to do this, they have to develop value-added relationships in which people can work together smarter and faster. Managers and executives are required to have deeper insight into how to motivate, engage and positively focus others. Knowledge and skills around Emotional Intelligence are absolutely necessary to successfully lead others toward increased productivity, higher accountability and more rapid learning.

The HILS is an intensive three-day workshop that uniquely combines psychological understanding, personal development, leadership frameworks and business insights. The process weaves together a coherent, practical and integrated set of strategies and skills that have high impact in terms of working relationships and goal execution within organizations. Participants learn to make powerful connections between Intent, Behavior and Results that in turn drives bottom-line business outcomes and allows for a happier, healthier work environment.

The HILS experiential learning process focuses on practical, hands-on exercises and tools tied to increasing an understanding of self and others. Each participant leaves the session with:

- Increased self-awareness – of personal patterns, strengths and self-limiting ways of thinking and behaving
- Increased ability to self-direct and leverage strengths while also changing negative patterns of thinking and behaving
- Enhanced ability to “read” and understand others
- Practical, core skills in:
  - Giving performance-based feedback
  - Listening non-defensively – ability to quickly learn from criticism
  - Communicating more effectively by reading individual and group motivation and relationship dynamics
  - Designing more powerful, engaging discussions and dialogues
  - Diagnosing, understanding and breaking negative behavioral loops in self and others
  - Coaching more skillfully and effectively as well as coaching “in the moment”
  - Creating effective alignment and higher levels of engagement
  - Capacity to align individual and group behaviors to more fully implement strategies

Participants also receive a personal leadership development plan to maximize both personal and organizational performance

For the participant seeking the competitive edge of becoming even more effective as a leader of both individuals and teams, in personal and in professional life, HILS will accelerate the learning and development process.